# Sarah Stallman

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Eye Color: Blue Hair Color: Brown Height: 5' 8"

Voice Type: Alto, Mezzo/Belter



# Stage/Production Shows

88 Keys Lead Singer/Dancer Studio VIP Lead Singer/Dancer Motor City Lead Singer/Dancer Monster Rock! Lead Singer/Dancer Hollywood Dreams Parade Bride of Frankenstein Love Broadway Lead Female Singer Lead Female Singer On The Air Southern Nights Lead Female Singer Unforgettable Lead Female Singer Stories of Broadway Lead Singer Jingle & Jive! Lead Singer/Dancer The Kryptonites Lead Singer/Actor Glow In The Park Parade Dancer/Swing

Carnival Cruise Line/Lou Hutchins
Carnival Cruise Line/Angela Winters
Carnival Cruise Line/Angela Winters
Universal Studios Singapore/Jason Ramsburg
Universal Studios Singapore
Stiletto Ent. - Holland America Line/John Charron
Lineage PAC/Hilary Thomas
Prospect Theatre/Chester McCurry
Six Flags St. Louis/Robyn Weaver
Gary Goddard Entertainment for Six Flags
St. Louis/Aubrey Denzer

# **Live Music**

Jukebox Productions Lead Singer Tino Productions Lead Singer Hot Country Nights BGVs PopGun Rerun: The 80s Experience Lead Singer Pia Toscano **BGV** Choir **BGV** Choir Michael Devin (Whitesnake) Tribute to 90's R&B Girl Groups **BGVs** Caroler [Alto] Voices of Christmas Los Angeles Metropolitan Master Chorale Alto **Guest Vocalist** The HALCats The Designated Divers **Guest Vocalist** 

John Pisano
Tino Macchia
Himel Music Group
Sean Hemstedt
Tim Davis
Rock Against MS
ReCHORD
Lisa Stanley
Glenn Carlos
Holland America Line
Carnival Cruise Line

# Theatre [Partial]

Tick, Tick...BOOM!

Ring of Fire

Lead Singer/Actor
The Sound of Music

The Wedding Singer

Annie

Die Fledermaus

Susan

Lead Singer/Actor

Elsa Schraeder

Linda

Perkins/Ensemble

Lineage PAC/Hilary Thomas
Des Moines Playhouse/John Viars
Des Moines Playhouse/Kathy Pingel
Des Moines Playhouse/Karla Kash
Way Off-Broadway/Randal K. West
Truman State University/Tom Huber

### On-Screen & Media

 Title
 Role
 Media Type
 Company

 "USO: Force Behind the Forces"
 Military Wife
 Commercial TV
 Peoples T

"USO: Force Behind the Forces" Military Wife Commercial TV Peoples TV/Nick Bruckman
CARaoke Television (Pilot) AMG Entertainment

CARaoke Contestant Television (Pilot) AMG Entertainment
NFL "Hunger Games" Promo Lead Commercial TV KDSM Fox 17
Blame it on the Wang Wang Lead Singer/Writer/Actor New Media/Internet Self-Produced

Mediacom Customer Service Extra Commercial TV Mediacom
Marooned Background Extra Television Iowa Filmmakers
P4P Muscle Real Talk Guest Speaker Radio P4P BlogTalk Radio

## Voice Over [PARTIAL]

COMMERCIAL Google Project Fi "Cat Café" - Lead

ANIMATION: TinyCo "Marvel Avengers Academy" mobile videogame - Elektra INDUSTRIAL: Absolute Training Systems (Ongoing), ZFactor (Ongoing)

**EXPLAINER:** Realm Web-Based Church Software

NEW MEDIA: "7 Surprising Times Wonder Woman Wasn't So Wonderful" (YouTube) - Narrator

"9 GIF Artists You Have To Know" (YouTube) - Narrator

# **Training**

Bachelor of Arts in Theatre & Vocal Music - Truman State University Voice Over Acting workshop — Voicecaster/Kelly Moscinski Commercial Technique — Keep It Real Acting/Judy Kain Studio Singer Intensive — Tim Davis (ABC's BoyBand, Glee, American Idol) Advanced Sight-Singing — Gerald White (SAG-AFTRA)

#### Other Skills:

- Sight reading music (vocal & piano)
- Vocal harmonizing
- Can sing in multiple languages (Italian, French, German, Spanish)
- Yodeling
- Piano (classical advanced, jazz beginner)
- Bodybuilding/weight lifting (advanced)
- · Experienced physique competitor
- Professional wrestling

- Strong move
- Jazz dance (beginner), ballet (beginner), tap (beginner)
- Round-offs/cartwheels/backbends
- Horseback riding (advanced Western)
- Basketball (intermediate), softball (intermediate)
- Puppeteering
- Experienced with IEMs
- Experienced with both handheld and headset microphones